

Suggested Interview Questions for  
**Joshua Becker**  
author of *The More of Less*

- 1) For those who don't know, what does minimalism mean?
- 2) What was the turning point for you to consider downsizing your possessions?
- 3) What happened when you started chronicling your experience with getting rid of stuff at [BecomingMinimalist.com](http://BecomingMinimalist.com)?
- 4) What are some of the benefits of owning less that you outline in your book *The More of Less*?
- 5) Why do you feel so strongly that living with less is the key to living a better life?
- 6) What are the misconceptions about minimalism?
- 7) How has minimalism allowed you to maximize generosity?
- 8) How does this approach to simple living allow you to make relationships a higher priority than possessions?
- 9) Is the real problem with all our stuff that we don't have the right tools to manage it or is it our mindset?
- 10) Aren't we just victims of advertising? How do we withstand the cultural pressure to buy more?
- 11) What are the financial dividends of minimalism?
- 12) What are the most frequently asked questions you get about minimizing?

To schedule an interview, contact **Beth Gebhard** at [beth@choicepublicity.com](mailto:beth@choicepublicity.com) or  
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